



# Trustees' Annual Report for the period

<b>From</b>	Period start date			<b>To</b>	Period end date		
	01	01	2015		30	12	2016

## Section A Reference and administration details

**Charity name** Sarah Agnes Foundation

**Other names charity is known by** SAF

**Registered charity number (if any)** 1164337

**Charity's principal address**

C/O Caritas Anchor House	
81 Barking Road	
London	
<b>Postcode</b>	E16 4HB

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Jacqui Bennett	Chair	Whole Year	
2	Suzan Arnold	Deputy, Safeguarding Officer	Whole Year	
3	Chris Ross	Fundraising	Whole Year	
4	Amanda Tandi	Legal	Whole Year	
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### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

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### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

### Name of chief executive or names of senior staff members (Optional information)

Agnes Rees, Chief Executive

## Section B Structure, governance and management

### Description of the charity's trusts

Type of governing document <small>(eg. trust deed, constitution)</small>	CIO, October 2015
How the charity is constituted <small>(eg. trust, association, company)</small>	CIO
Trustee selection methods <small>(eg. appointed by, elected by)</small>	Trustees are interviewed, DBS certificated, application forms with references sought. Trustees selected for their expertise and skill set. The Trustees meet and an make a decision on the appointment of each new Trustee.

### Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

	<p><b>Training of Trustees</b> Trustees are given an induction training session along with given a Trustee manual. Training includes risk management, policy and procedures, governance, structure and public benefit of the charity.</p> <p><b>Organisational Structure</b> The organisation consists of a part-time CEO, 5 Trustees and 14 volunteers. SAF is linked with relevant professionals and health related organisations including general practitioners, social workers, youth workers, early intervention units, schools and other related charities.</p> <p>SAF has a collaborative relationship with the Caritus AnchorTrust and the Peabody Trust along with various secondary schools.</p> <p><b>Risk Management</b> The Trustees use the framework suggested by the Charity Commission CC26. The policy and procedures include risk management and also include a safeguarding policy. SAF has public liability and indemnity insurance policy up to date.</p> <p><b>Public Benefit</b> SAF complies with section 4 of the Charity Act 2007 in regard to public benefit guidance.</p>
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## Section C Objectives and activities

**Summary of the objects of the charity set out in its governing document**

The object of the charity is to improve the quality of family life with health education and parenting support. It aims to improve access to psychological therapies to support employability. SAF focuses on strengthening relationships and increasing well-being for families.

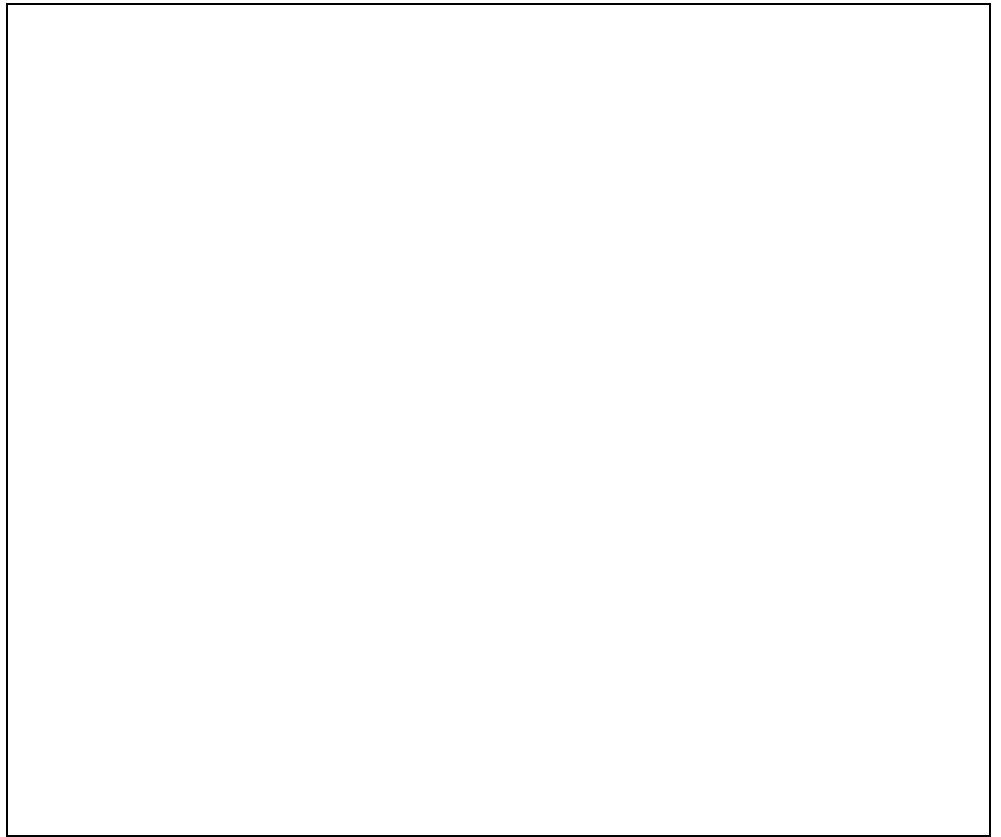
**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

The activities of SAF are provision of counselling and psychotherapy and workshops for people living in Barking and Dagenham, Redbridge and Newham.

**Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.



## Section D

## Achievements and performance

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### Summary of the main achievements of the charity during the year

In this financial year, SAF has supported 114 families with 1578 sessions offered. 84% of families who SAF engaged with saw an improvement in their relationships.

SAF is working toward centre accreditation with the British Association of Counselling and Psychotherapy for 2017.

The Trustees wish to thank the CEO and volunteers who are helping to establish SAF as a robust counselling charity. In addition, the Trustees had donations totalling £6,618. The Trustees would like to thank the following funders:

WHS Smith - £100

Beneficiary - £3,000

Donations from clients - £3,518

## Section E

## Financial review

**Brief statement of the charity's policy on reserves**

The charity has been recently been established. Presently, the Trustees do not have a policy on reserves but do monitor funds on a quarterly basis.

**Details of any funds materially in deficit**

None

**Further financial review details (Optional information)**

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

## Section F

## Other optional information

## Section G

## Declaration

The trustees declare that they have approved the trustees' report above.

**Signed on behalf of the charity's trustees**

<b>Signature(s)</b>	S Arnold	
<b>Full name(s)</b>	Suzan Arnold	
<b>Position (eg Secretary, Chair, etc)</b>	Deputy Chair	

**Date** 30<sup>th</sup> December 2016